

Creative Pathways to Health: Research and Practice in Arts-Based Interventions

Thursday 23rd October

(Draft programme. Subject to modifications)

- 8:30-9:00 REGISTRATION**
- 9:00-9:15 WELCOME AND OPENING REMARKS**
Guillem d'Efak Fullana (Head of Community Action, Public Programmes and Communication, Museu Nacional d'Art de Catalunya -MNAC)
- 9:15-10:00 KEYNOTE CONFERENCE: AN UPDATE OF THE ROLE OF
ARTS IN IMPROVING HEALTH AND WELLBEING**
Nisha Sajjani. Associate Professor and Director of the NYU Steinhardt Graduate Program in Drama Therapy, Chair of the NYU Creative Arts Therapies Consortium, and Founder of Arts & Health NYU
- 10:00-10:15 QUESTIONS**
- 10:15-11:15 ARTS IN HEALTH FROM THEORY TO PRACTICE**
Session chair: Sergi Blancafort (Professor at the Faculty of Health Sciences and Wellbeing. University of Vic-Central University of Catalonia)
- Frameworks and tools for Arts and Health interventions**
Katey Warran. Head of PATHS (Public Health, Arts, Theory, Sociology) Research Group. School of Health in Social Science, University of Edinburgh, Scotland)
- The effect of dance on physical health and cognition in community dwelling older adults**
Amanda Clifford (Professor in Physiotherapy in the School of Allied Health at the University of Limerick, Ireland)
- 11:15-11:30 QUESTIONS**
- 11:30-12:00 COFFEE-BREAK**
- 12:00-13:30 ARTS IN HEALTH EXPERIENCES IN CATALONIA**
Opening: Joan Gómez Pallarès (General Director of Research, Government of Catalonia)

Session chair: Guila Fidel Kinori (Clinical psychologist. Psychiatric Service. Hospital Universitari Vall d'Hebron)

Museums for Wellbeing: Arts-based interventions in Fibromyalgia and Eating Disorders

TBC (Primary Care Centre Canaletes, Cerdanyola del Vallès)

Eduard Bech (Director of Empordà Museum, Figueres, Girona)

Drawing health: A child-led illustrated dictionary of medicine

Rosa Estopà (Professor at the Department of Translation and Language Sciences, University Pompeu Fabra -UPF)

Evaluation of effectiveness of an art-based museum intervention in reducing loneliness among older adults (ArtGran)

Rosa Puigpinós Riera (Head of the Immigration and Health Group, Public Health Agency of Barcelona)

Art meets joy and nature: What randomized trials teach us about tackling loneliness in community interventions

Laura Coll-Planas (Professor at the Faculty of Health Sciences and Wellbeing, University of Vic-UVic)

Efficacy of a theatre-based intervention in patients with Parkinson's disease

Marco Calabria (Professor at the Faculty of Health Sciences, Open University of Catalonia-UOC)

13:30-14:00 QUESTIONS

14:00 CLOSING

Organized by:

